

16 JUL 02

**US ARMY DRUG & ALCOHOL REHABILITATION TRAINING  
(USADART/GROUP)  
COURSE PREREQUISITES  
CRS 5H-F5/302-F5**

EFFECTIVE: 01 JAN 97

LAST UPDATED: 21 FEB 02

Open to Active Army (AA) soldiers 91X (Mental Health Specialist) SPC and above, and Officers with a duty assignment related to the Army's alcohol and drug treatment and prevention efforts. Also open to Reserve Component (RC) officer and enlisted personnel having alcohol and drug abuse counseling as a significant part of their present duties or mobilization functions, and DAC alcohol and drug counselors (GS-05 and above). All applicants must have successfully completed the USADART (Individual), 5H-F4/302-F4 course with one-year retainability. Time in service (TIS) remaining requirement for the RC is governed by NGR 351-1 (2 Years) or AR 135-200 (2 Years). All soldiers must meet the height and weight requirements IAW AR 600-9, a minimum physical profile (PULHES) of 111121, with normal color vision. Enlisted women who are pregnant will be processed IAW AR 635-200.

**SPECIAL INFORMATION:** All applicants must be officially nominated by the Clinical Director or supervisor. RC nominations will be routed to the Academy of Health Sciences (AHS), Soldier and Family Support Branch (S&FSB), Alcohol and Drug Training Section (ADTS), following approval and local funding. AA nominees will be funded by AHS. RC nominees will be funded through normal Reserve channels (i.e., Reserve Pay allowances/Schools, Special Training Branch FORSCOM Comptroller). National Guard nominees will be funded by the ARNG Operating Activity Center, (NGB-ARO-ME), Bldg. 688, Aberdeen Proving Grounds, Maryland 21010-5420. **ORDERS/DOCUMENTATION:** All nominees must have sufficient copies of orders and other required documents at registration. This course may be attended every five years. Additional detailed information will be provided by the ADTS upon official nomination and selection for course attendance.

**WAIVERS:** Waivers for the course prerequisites will be considered on a case-by-case basis through the following procedures: (1) Waiver request will be generated by the installation Clinical Director (CD) or direct supervisor, and will include complete nomination data and waiver justification. This information will be sent to the Chief, ADTS, AHS. (2) Waivers must be received at ADTS, AHS no later than twelve weeks prior to class report date. The ASI M8 (Drug and Alcohol Counselor) will be awarded upon successful completion of the 5H-F5/302-F5 course.

**COURSE SCOPE**

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The 5H-F5 USADART (GROUP) Course is a **two-week course** offered three times annually. It is taught under the auspices of the U.S. Army Medical Department Center and School; by personnel from the Department of Preventive Health Services, Soldier and Family Support Branch, Alcohol and Drug Training Section. The course provides military and DAC personnel a working knowledge of group counseling skills. The M8 (Drug and Alcohol Counselor) ASI will be awarded to enlisted personnel after successful completion of the course.